

Rate your Bathroom

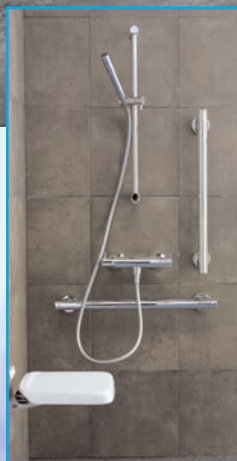


Bathroom
Manufacturers
Association

BMA

Questionnaire

Designing for Life



Being able to maintain our own personal hygiene is essential for us all as it gives us dignity. It not only allows us to have pride in our personal appearance, but it can also have a significant impact on our physical and psychological well being.



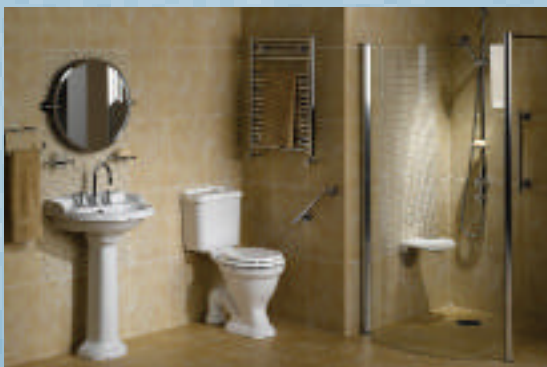
During the process of re-designing your bathroom to meet your changing needs, it is important to consider all the options available on the market to make our bathing both easy and a pleasurable experience.

As a retailer it is essential that the individual requirements of each and every customer are taken into account and that solutions are offered that will meet their specific needs now and into the future.

The Bathroom Manufacturers Association has compiled this questionnaire, that will help you as an individual to have a clear understanding of your own requirements and it can also be used by retailers and plumbers for the basis of discussion to address individual needs.

Your needs

When you next use your bathroom ask yourself the following questions to begin to realise the design features you may need in your bathroom.



Individual Needs

Mobility

yes no

- 1 Do you have any mobility difficulties? yes no
- 2 Do you need the assistance of another person to help you bathe? yes no
- 3 Do you have problems bending? yes no
- 4 Do you have problems reaching? yes no
- 5 Do you have problems twisting? yes no
- 6 Do you use any disability equipment in the bathroom? yes no
- 7 Do you have a specific medical problem that impact on the way you use your bathroom? yes no

Balance

yes no

- 1 Do you have a problem with maintaining your balance? yes no
- 2 Have you fallen in your bathroom within the last year? yes no
- 3 Do you have dizzy spells? yes no
- 4 Is your balance affected when you are tired? yes no

Muscle strength & dexterity

yes no

- 1 Do you have limited movement in your arms, hands or both? yes no
- 2 Is your handgrip weak? yes no
- 3 Do you suffer with any pain on moving your body? yes no
- 4 Do you have problems with recognising different temperatures? yes no

Vision yes no

- 1 Do you have impaired vision?
- 2 Do you wear glasses?
- 3 Do you need tactile information on products you choose?

Safety yes no

- 1 Do you need any grab rails around the bathroom?
- 2 What weight limits does the bathroom product have?

Your Families needs

Bathroom yes no

- 1 Is this your only bathroom?
- 2 How many other family members use this bathroom? _____
- 3 Do you need a bath for other family members e.g. children/grandchildren?



The Suite

Bathing yes no

- 1 Can you get in and out of the bath?
- 2 Do you feel confident bathing?
- 3 Have you ever been stuck in the bath?
- 4 Are the taps easy to get to and operate?
- 5 Do you use a shower over the bath?

Showering yes no

- 1 Do you feel confident getting in and out of the shower enclosure?
- 2 Do you feel confident showering?
- 3 Is the height of the showerhead adjustable?
- 4 Is the riser bar for the shower long enough?
- 5 Are the shower controls easy to operate?
- 6 Do you have a level access shower tray?
- 7 Do you need to sit to shower?



Toilet and basin yes no

- 1 Is the washbasin at a comfortable height?
- 2 Are the taps easy to operate?
- 3 Is the plug easy to get in and out?

- 4 If you need to sit and wash is there enough room to fit your knees under the basin?
- 5 Is the WC at a height that allows you to get on and off with ease?
- 6 Is the flush on the WC easy to operate?
- 7 Do you need a toilet/bidet that washes and dries you?
- 8 Can you adjust the height of your toilet seat?
- 9 Can you reach the toilet roll dispenser?
- 10 Can you easily replace the toilet roll?



Storage and Accessories yes no

- 1 Is there enough storage for cosmetics, clean towels etc?
- 2 Is the storage easy to access?
- 3 Are there convenient soap dishes/dispensers in the shower or bath?
- 4 Are the soap dishes at the right height & position for you to use?
- 5 Do you have access to a mirror?
- 6 Can you reach the toilet brush?

Services yes no

- 1 Does your window provide sufficient natural lighting?
- 2 Is there adequate lighting?
- 3 Would you benefit from more task lighting?
- 4 Do you need low level lighting for night time use?
- 5 Does your existing bathroom feel warm enough?
- 6 Is your towel warmer/radiator in the correct position?
- 7 Is your radiator thermostatically controlled?
- 8 Is there good ventilation?
- 9 Do you need to add an extractor?
- 10 Are you interested in water efficiency products?



Surfaces

yes no

- 1 Are all the surfaces easy to keep clean?
- 2 Are the bathroom walls free from mildew?
- 3 Are your bathroom walls tiled?
- 4 Have you considered using shower boards/wall cladding?
- 5 Is the flooring in good condition is it slip resistant?
- 6 Is your bathroom floor carpeted?
- 7 Do you have under floor heating?
- 8 Would you prefer different finishes to your bathroom wall & floor?

Water System

yes no

- 1 Do you ever run out of hot water before everyone has taken a bath or a shower?
- 2 Is your water supply metered?
- 3 Does an Emersion Heater heat your water?
- 4 What type is your boiler:

Combi	<input type="radio"/>	Condensing	<input type="radio"/>
Vented System	<input type="radio"/>	Don't know	<input type="radio"/>

Water Safety

yes no

- 1 Does a thermostatic mixing valve control your current shower valve?
- 2 Do you have thermostatic mixing valves on your taps?
- 3 Does the temperature in your tap alter when another tap is turned on somewhere else in your house?

Environmental

yes no

- 1 Are you on a water meter?
- 2 Would you like to reduce the amount of water used in the bathroom?



And finally

List three items best liked in your bathroom

1 _____

2 _____

3 _____

List three items least liked in your bathroom

1 _____

2 _____

3 _____

To aid you in planning your new bathroom the BMA has produced a series of fact sheets to help you in the selection process.

For copies of other factsheets please visit our website www.bathroom-association.org



Kate Sheehan, an Independent Occupational Therapist with 20 years experience in the NHS and Social Services environments has worked closely with the BMA to produce this questionnaire.

Kate is the Ex Chairman of the College of Occupational Therapists specialist section – Housing (COTSS – H) and she has represented the College on The Department of the Deputy Prime Minister's comprehensive review of the Disable Facilities Grant.

Kate undertakes work with Housing Associations, Local Authorities and Insurance companies and regularly presents her work to the College of Occupational Therapists, COTSS – H, Assist UK, COT, The World Federation of Occupational Therapists in Australia and COTEC in Italy.

Contact details for plumbing organisations.



Telephone **0131 225 2255**, Website www.snipef.org



Telephone **02476 470626**, Website www.aphc.co.uk



Telephone **01708 472791**, Website www.plumbers.org.uk

The Bathroom Manufacturers Association (BMA) is the trade association that represents the major manufacturers of bathroom products, ranging from sanitaryware, baths, taps, showers, enclosures, accessories and furniture.

Members of the BMA offer products with an outstanding combination of quality, style, design, colour and availability.